

Volunteer at the Big Wave Farm

Grow Food. Build Community. Make a Difference.

We LOVE our volunteers! Join us at the **Big Wave Farm**, where volunteers help grow fresh produce, herbs, flowers, and hops while creating opportunities for adults with special needs to connect with nature, learn new skills, and build community.



No farming experience is necessary – just a willingness to lend a hand!

COMMUNITY FARM DAYS

Third Saturday of the Month, from 10-2 (PLEASE RSVP)

Activities may include:

- Plant, weed, water, and harvest seasonal crops
- Help maintain garden beds and walking paths
- Work alongside fellow volunteers in a beautiful outdoor setting
- Support a mission that creates opportunity and belonging for adults with special needs

What to bring:

- Water (there is no potable water on the farm, so please bring your own)
- A hat and comfortable, closed-toe shoes
- Dress in layers and wear clothes you don't mind getting a little dirty
- Sunscreen
- A positive attitude and enthusiasm!



PLEASE RSVP: farmday@bigwaveproject.org